

David Grier- a bit about me

A Chef by profession and a Humanitarian by passion. Extreme Adventurer, Bestselling Author, and Inspirational Speaker.

Fuelled by a passion to make a difference in the lives of children born with clefts and in need of life changing corrective surgery, David turned to extreme adventurism to create awareness and raise fund for this cause and assist with their corrective surgery.

He has become the first person to have run the length of the Great Wall of China in both directions and since then has gone on to 6 more arduous, breath-taking adventures, each one adding to his life's lessons which have now been crafted into a talk. The journeys have also been captured in coffee table books written by David

The events completed

The Great Wall of China West to East (4200 km in 93 days) in 2006 and then in 2019 East to West in 78 days, the entire coastline of South Africa (3300 km in 80 days), paddled from Africa to Madagascar (500 km in 12 days), run the Island of Madagascar (South to North; 2700 km in 67 days) The length of India North to South in 93 days, 4008 km. Thailand 1000 km in 20 days. Cuba 2300 km in 38 days, down the length of the UK (from John O'Groats to Lands' End); from South to North in Ireland, followed by a run along Hadrian's Wall. The coast of Portugal and Madeira 1500 km

He has just returned from a 3000km run of Route 50 (the lonely Road) in the USA June of 2024

New KEYNOTE TALK

Tumbleweed – up against the fence

In many ways one of the most important factors that David has had to come to terms with, is the realisation that everything and everyone around us is evolving, changing at such a rapid rate. To keep pace, one must have the ability to evolve with it.

Ultimately each journey one embarks on will etch a scar on one's life as it passes. As David fought the twisting path of these journeys, a path that has sent him on so many unplanned detours, He looks back at the many different stages and how everything has panned out, how far they are from the original path, but the life lessons gained along the way have enabled him to keep evolving and adapting to the everchanging world ultimately driving his success.

“I honestly feel if one has purpose in life, this gives you the resilience to deal with the situations that you find yourself in. Resilience enables change and the ability to deal with the difficult task of adapting. Change brings positivity. “