

CARINA BRUWER

Carina Bruwer is one of Africa's most decorated female open water marathon swimmers, an internationally renowned musician, a successful entrepreneur and a mother of three. Known for boldly going where most do not – in the ocean, as well as in business and life – Carina inspires and motivates audiences through her incredible stories of courage, transformation and altruism

Carina's extensive ultramarathon swimming resume includes crossing the 36km English Channel, the Gibraltar Straits, False Bay, Nelson Mandela Bay, Walker Bay, Bonifacio Straits, Messina Straits, Triple Country (France – Monaco – Italy), Robben Island and dozens more, with most of her swims being firsts and/or record breaking feats. Carina, who has ranked as one of the World Open Water Swimming Association's "Top 50 Most Daring, Courageous and Audacious" open water swimmers in the world, founded Swim For Hope in 2014, in order to raise funds and awareness for South African organisations that she supports, through her swimming challenges. The project has raised over R1 million since its inception, and millions more in media value.

Her music career has been equally trailblazing: striking a delicate balance between precision and rule breaking, she developed a new style of performance which changed the face of instrumental music in SA and beyond, and took her across the world, performing on international stages and with global icons. Following the same formula of innovation, she has founded a number of businesses, all of which have become pillars in their respective industries.

Carina is an engaging and powerful motivational speaker based in South Africa, and available to speak worldwide. She has delivered keynotes at a number of events, to high level executives, and for corporations such as Bonitas, PPS, NinetyOne and YPO.